[7.15] Avoid For ... EndFor loops

Loops are very slow on the 89/92+. The 89/92+ provide some functions which can be used to accomplish some operations that are traditionally done with loops:

- use PolyEval() to evaluate polynomials
- use seq() to generate a list of function values
- use sum() to add the elements of a list
- use sigma (Σ) to sum the values of an expression
- use upper-case pi (Π) to find the product of expression terms
- the common arithmetic operators (+, -, *, /, etc) operate on lists & matrices
- the 'dot operators' (.-, .*, ./, .^) operate on matrices and expressions
- the submat() function extracts part of a matrix